RED C Breakfast Club 2023

Reaching Him Right *Marketing to Men* 



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We have conducted fresh research to understand what masculinity means and looks like today

Nat Rep Survey with 486 men

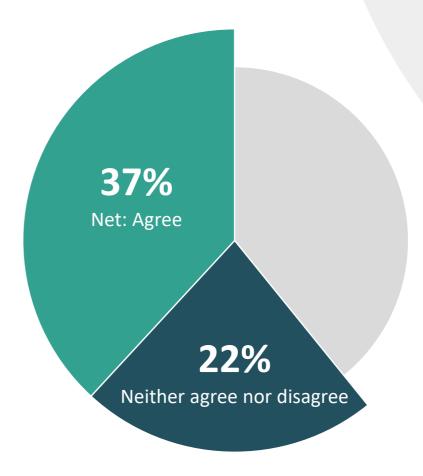


Deep-dive qual research with men across different life-stages

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It's challenging times for everyone, but I suppose a specific challenge that I find as a man is that it can be confusing as to what's being expected of you in society now.

- Male, 43

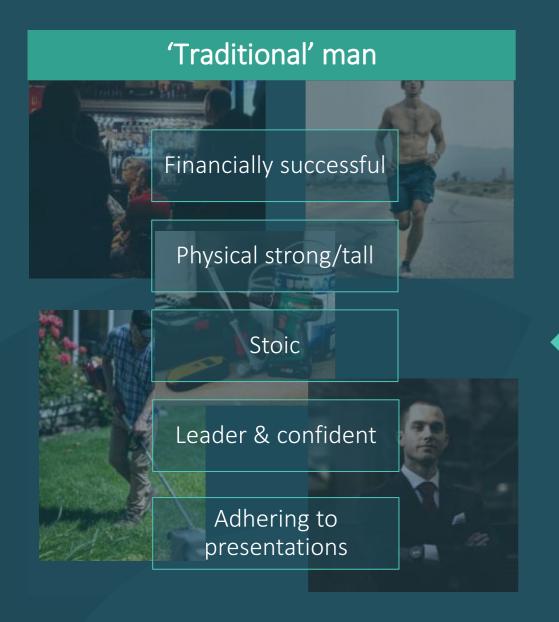


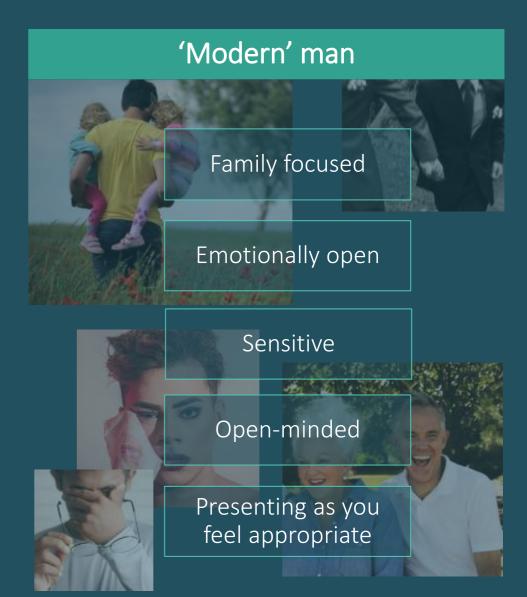
Irish Men:
It's a confusing time to be a man

Masculinity is in a state of flux, and while the role of man has evolved in many ways, expectations have not progressed to the same degree









### It leaves men wondering where do they fit



You're expected to be non-sensitive and stoic but also express your feelings.

- Male, 34

It feels like there are two options; try navigate the change or feel vilified and rebel





### Navigation doesn't always feel easy





I don't want it to come across like I'm bemoaning. But there can be an attitude of men are trash, men don't matter. Like, I've had that said to me in conversations, social situations, multiple times, sort of a throwaway comment.

I sometimes feel as a person who tries to be a good man, that I can be mistaken or lumped in with bad men who commit terrible things. And you can be expected to just take that, just take it on the chin and don't let it get to you. You know, absorb comments and have that traditional non-sensitivity in a world where you're also expected to be open. I do genuinely find it's difficult to navigate.



## Ultimately the ambition is to be a good person – a kinder version of masculinity versus the traditional

Being present for your people

Someone people are proud of

Secure (rather than "successful")

Someone who's credibly labelled "nice"

Achieving balance

Someone people feel safe around









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# Overcommitting in an extreme sense to the original codes can be an alternative response to the changes felt

#### Rise of Toxic and Hyper Masculinity







Men talk about this approach leading to suppression.

By rejecting the navigation approach, you don't get the benefits of "modern man" values.





Widespread positivity about how changes and flux in "being a man" have progressed openness about mental health

## While things have improved, they're still not great



of men agree they feel safe expressing their emotions Rest of Leinster
27%
(-14 vs total)

48%

of men agree they find it difficult to talk about their innermost feelings



18-34s 56% (+8 vs total)



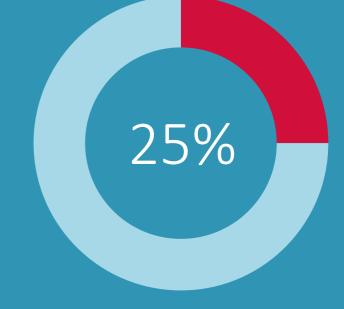








# Deeper connection can be a real struggle for men











Men feel they don't have deep, close friendships (a further 18% neither agree nor disagree)



If you're talking to somebody new, like you're sat beside somebody in a pub or you got sat beside somebody at a wedding, a man will generally gravitate towards sport as a topic and if you don't know anything about it, it's an immediate shutdown. It's like a social slap in the face for the two of you. Like it's a real faux pas.

- Male, 41







There's a superficiality to some male relationships because of the way "connections" are formed

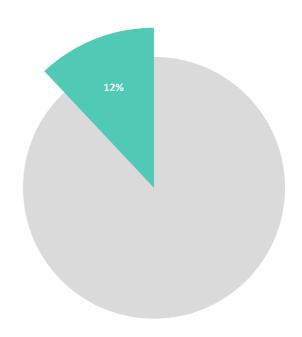
When it comes to brands there's often a superficiality to their portrayal of men – and men feel it





While top of mind representation of men can deliver in terms of recall and mental availability...

...very few brands felt to be credibly pushing into modern male values and connecting at a deeper level.



agree that media representation of masculinity today reflect their views





### Advice to my younger self

Be who you are

Conform le

Nobody cares as much as you think they do

e more empathetic and open



### PADDYPOWER.















I'd probably say that advertising that's geared towards women is more emotionally charged, like brands are looking to get an emotional response, whereas with men, they're not.

- Male, 25





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Change in roles and values has happened quickly and led to conscious rejection by some.

Brands need to learn from this to avoid conflict – slow and gentle.



### THE SEMIOTICS FINDINGS

Reaching Him Right
Understanding to Better
Connect with Men



# THANK YOU

For more information, please contact

**Aoife Marron** 

aoife.marron@redcresearch.ie

Robin McGhee

robin.mcghee@redcresearch.ie

www.redcresearch.com

